

FREE-TOBACCO CESSATION CLASSES

Provided by: CENTRAL DISTRICT HEALTH DEPARTMENT

CALL to Reserve Your Space Now – 375-5211

Class size is Limited

DOWNTOWN CLASSES

Classes are **FREE** to Idaho residents

May 24, 25, 31, June 1, 7, 8, 14, 15
12:00 - 1:00pm

Boise City Hall

3rd Floor – Office of the Mayor
150 N Capitol Blvd

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May 24, 31, June 7, 9, 14
4:30 - 6:00pm

Statehouse

Capitol Chamber Room EW40
700 W Jefferson St

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FREE NICOTINE Replacement Therapy for tobacco users. Call 1-800-Quit-Now or log on to Idaho.quitnet.com. Tobacco users who register with Quit-Now or Idaho.quitnet.com can request 4 weeks of their choice of nicotine patches, gum, or lozenges.



cdhd.idaho.gov

Supported by:
Idaho Tobacco Millennium Funds